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tetontherapypc.com



“Our goal at Teton Therapy is to give you the results you want in a friendly, family-like atmosphere. Your time and trust are valuable and we are dedicated to helping you live a fuller, happier life.”

Jeff McMenamy
OTR-L, CEO, Owner



MARCH: IN THIS ISSUE

- Staff Profile: Sarah Flatt
- Serious Cuteness in Lander
- Success Story: Skeptic to Believer

TETON THERAPY

Pain Isn't Fun—But We Are!



Sarah Flatt
PT, DPT
Lander & Riverton
Clinic

STAFF PROFILE

Teton Therapy hit the jackpot when Sarah came to Fremont County for her eight-week clinical rotation as a physical therapy student. She (literally) fell in love with the staff and met her future husband, Ryan Flatt, also a physical therapist at Teton Therapy. In May 2015, she graduated from University of Mary in Bismarck, ND, with her Doctorate of Physical Therapy and officially joined the Teton Family.

Sarah's Wyoming roots run deep; she was born and raised in Casper and graduated from Kelly Walsh High School in 2008. Sarah was a star soccer player and attended two years at Laramie County Community College on a soccer scholarship. We are especially happy she chose the Teton Therapy team, not only because of her therapy talents, but also her joyfully sharp wit.

Teton Therapy in the Community

Central Wyoming College: Rustler 400

On March 23rd, 2018, CWC's Athletic Booster Club will host its annual "Rustler 400" fundraiser where attendees will be met with food, fun, and the chance to win a \$10,000 grand prize! What would you do with \$10,000? Additionally, there will be drawings all night for the opportunity to win other prizes. Proceeds will go toward athletic scholarships at CWC. Teton Therapy will be in attendance on March 23rd from 6:00pm - 9:00pm in the Rustler Gymnasium. You'll know us by our signature raucous laughter.



Like us on Facebook

Visit us at tetontherapypc.com



IN LIKE A LION, OUT LIKE A LION

Spring in Wyoming is its own unique season. Do you have flip-flops, trail shoes, snow boots and snow shoes piled at the ready in your closet? Not unlike the human residents, bulbs planted last fall brave the early warm days only to be blanketed by another round of winter. (No big deal, we got this.) While you flip the pages of your seed catalog, or tune up your bike, you may also be thinking about how you will make the most of this next season. Teton Therapy is here to help you be your best and most flexible, capable, pain-free self. Call us for a free consultation.

SCHEDULE A FREE CONSULTATION TODAY

RIVERTON 307-857-7074
LANDER 307-332-2230

CHEYENNE 307-514-9999
SHERIDAN 307-683-0123



PASS IT ON!

Pass along this newsletter to someone you know who is suffering with pain or refer them to Teton Therapy. Give the gift of health!

How One Child Brought Joy (and Serious Cuteness) into Teton Therapy

A heartfelt interview with Ryan Flatt, PT, DPT about the youngest patient he has treated.

Q: How old was Teegan when he first came to see you?

A: He was only three months old. Now he is three years old!

Q: Why did Teegan’s parents bring him to see you three years ago?

A: Teegan was born without the use of his left hip and knee. This made it difficult for him to start rolling, crawling, sitting up, and stay on schedule for developmental milestones expected in his first year.

Q: What is your favorite memory of working with him? Was there a moment that really struck you?

A: Each memory of Teegan reaching a goal has been rewarding. When he was a baby, you could tell he was motivated to move, and it has been fun helping him along the way. His first time rolling or crawling in the clinic was exciting. I think seeing



him walk on his crutches on his own was probably my favorite moment (so far).

Q: What has it been like to form a bond not only with Teegan but also with his parents?

A: Teegan has remarkable parents that are so devoted to their kids. I’m glad I can help them along the way.

Q: In your opinion, what is unique and special about working with pediatric physical therapy patients?

A: We are helping to prevent future difficulties later in a child’s life and there is a unique responsibility in that. Also, it takes a different approach to make a bond with a pediatric patient to help reach their goals and make them successful.

From his feisty personality to his major PT successes, Teegan has brought so much joy to the employees at Teton Therapy.

Our therapists are dedicated to helping every child live healthier and more independent lives. If you or someone you know might benefit from pediatric PT or OT, don’t hesitate to call us today.

LOOK FOR US AT:

Teton Therapy is a sponsor of the Sheridan Wine Festival on March 2, 2018, at the Sheridan Elks Lodge. Proceeds from the Sheridan Annual Wine Fest help fund the hanging flower baskets beautifying Sheridan’s Main Street. There will be lots of beer and—you guessed it—wine, food, and live & silent auctions. Please come say hi!



Like us on Facebook

For more helpful health tips visit us at tetontherapypc.com

SUCCESS STORY

“My previous experiences with physical therapy were minimally effective, so I was skeptical when trying Teton Therapy. I am happy to report: *I was proven wrong!* Ben, Kevin, and Mary worked with me to develop a treatment plan that helped my arms, shoulders, and neck feel better. Both the therapy and the positive working environment helped me in addressing and managing my symptoms. In the future, if someone asked me about physical therapy, I would not hesitate to come back or send someone here. Additionally, Glenn and Kacey kept me in-check for insurance and appointments—they made it easy. The best surprise was how Kevin kept me entertained while making me work and helping me heal.”



LINDSEY B.
(Cheyenne patient)

“I would not hesitate to come back or send someone here.”